

# TUMBLE TIME GYMNASTICS PROGRAMME

The Tumble Time programme will have a significant impact on achieving the National Priority of raising attainment and closing the poverty related attainment gap.

Paying particular attention to the 4 priorities set out in the National Improvement Framework, the programme is devised to link with the Significant Aspects of Learning in PE.

Factors including teacher consultation, parental engagement, interdisciplinary learning and pupil consultation are used throughout the delivery to provide a quality programme that is measurable in its success.



## NATIONAL IMPROVEMENT FRAMEWORK 4 PRIORITIES

1

### **Improvement in attainment, particularly in literacy and numeracy**

The Tumble Time programme is rich in numeracy and literacy. Through consultation with staff, each school's programme can be linked to the children's current learning. Any identified Experiences and Outcomes from Literacy and Numeracy can be included in the gymnastics session. This brings interdisciplinary learning from the classroom to the gym hall and deepens knowledge and understanding.

2

### **Improvement in children and young people's health and well-being**

Too often, access to qualified gymnastics coaches is available only through private enterprises. By taking our gymnastics programme into the school environment, we increase the number of children being able to access the sport. This creates wider and more challenging opportunities for the least advantaged children and families in our country.

3

### **Closing the attainment gap between the most and least disadvantaged children and young people**

Early Intervention is crucial in promoting healthy lifestyles. Tumble Time ensures active play is fun and once children learn to go upside down they won't want to stop. The fundamental skills learned in gymnastics support and enhance all other physical activities that children take part in, therefore it is vital that as many young children as possible participate in the sport of gymnastics from an early age. As well as directly impacting and improving the children's physical skills, the programme focuses on building confidence and self-esteem. We celebrate individual as well as group success.

4

### **Improvement in children and young people's health and well-being**

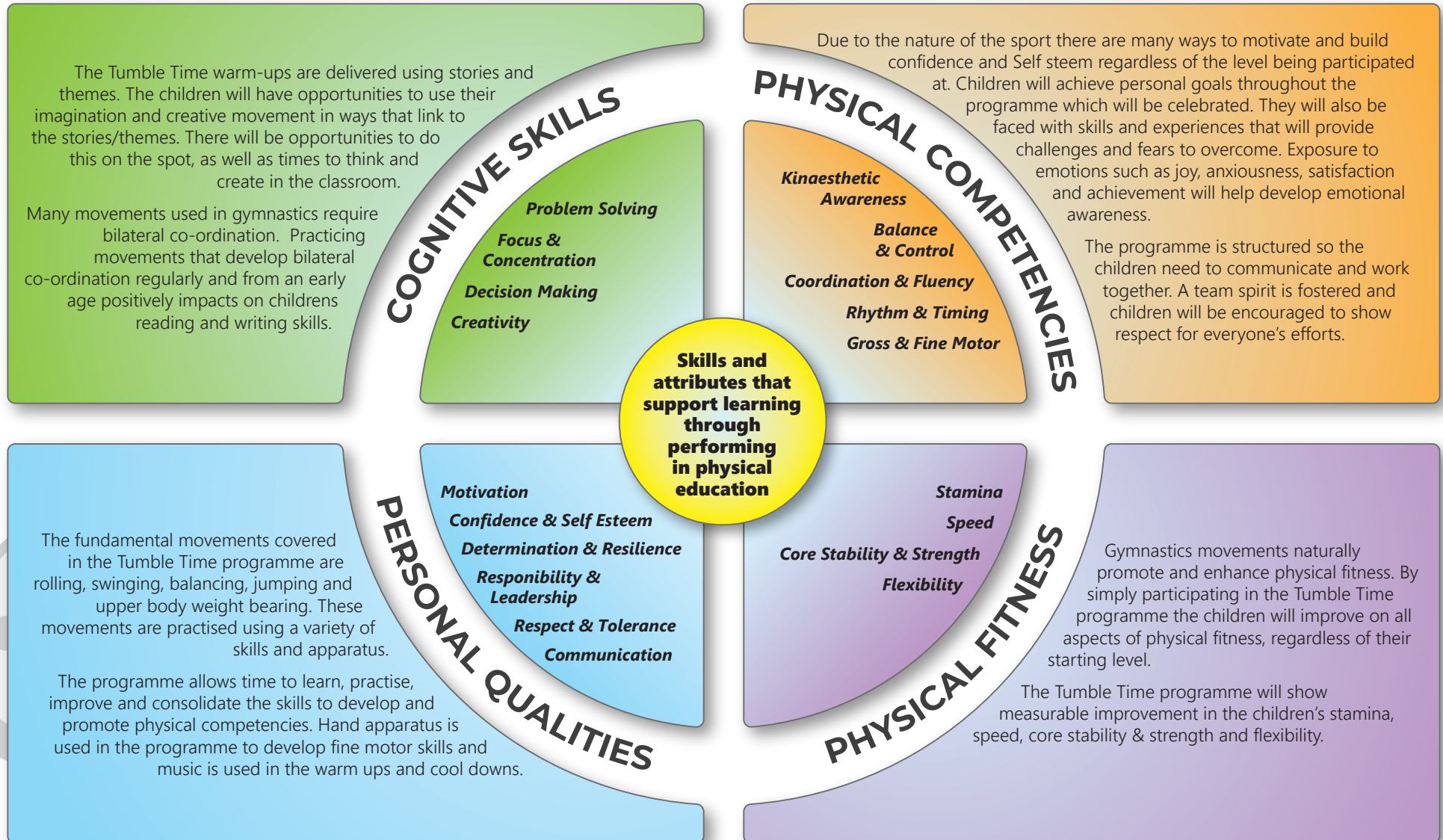
The Tumble Time programme includes opportunities for children to develop and consolidate the life skills they need to carry into senior school and adulthood. They will be developing their communication skills - as listening and following instructions are a large part of the class. They will be expected to take responsibility and collaborate with others throughout the programme.



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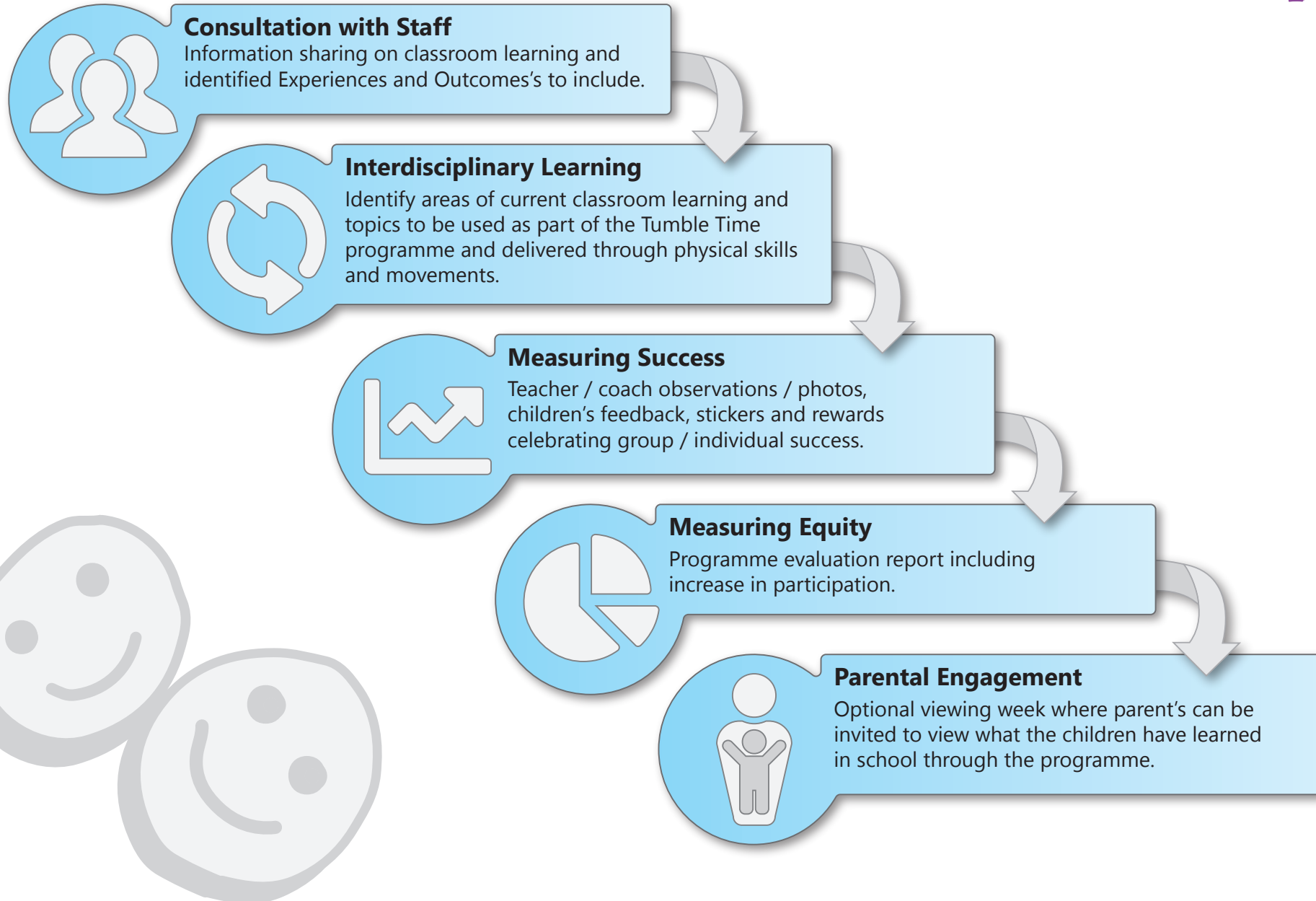
## SIGNIFICANT ASPECTS OF LEARNING



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## THE PROGRAMME



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## PRICING

### Curriculum

**Curriculum PE  
- 1 Hour Programme**

10 Week Block    £400  
15 Week Block    £600

**Curriculum PE  
- 2 Hour Programme**

10 Week Block    £700  
15 Week Block    £1050

### After School Clubs

**After School Fitness Club  
- 1 Hour Programme**

10 Week Block    £200  
15 Week Block    £300

**After School Gymnastics Club  
- 1 Hour Programme**

10 Week Block    £300  
15 Week Block    £450

